QRCODEBARN · PRINTABLE TEMPLATE

Emergency contact card

Print at 100% (actual size), not “fit to page”, on thicker paper or card. For two-sided printing, flip on the long edge (the usual portrait default), then cut along the marks. Fill in by hand and replace the sample QR with a short text code from qrcodebarn.com. Leave off address, date of birth and NHS number. A matt laminate scans more reliably than a glossy one.

IN CASE OF EMERGENCY

NAME _____

1 NAME / RELATIONSHIP _____

PHONE + _____

2 NAME / RELATIONSHIP _____

PHONE + _____

QRCodeBarn.com

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This side lines up with page 1 if you flip the paper on the long edge. Cut through both sides at once after printing. Write only what a helper would need in the first few minutes. Replace the sample QR with your own plain-text code so it works without a signal.

SCAN FOR MY EMERGENCY INFO

SAMPLE — REPLACE WITH YOUR OWN

BLOOD TYPE

ALLERGIES

CONDITIONS

GP / PHONE

MEDICATIONS

Medical ID is set up on my phone lock screen

QRCodeBarn.com

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SAMPLE — REPLACE WITH YOUR OWN

BLOOD TYPE

ALLERGIES

CONDITIONS

GP / PHONE

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